Welcome back old and new families to term 4!

AASC (Active After School Communities) is starting up third week of term, so buckle up kids and get ready to have lots of fun, getting fit and learning some skills along the way. This program is federally financed; hence all components to the program are FREE of charge to the families that participate.

At Scarborough Primary School we like to offer the kids a whole range of alternate sports, which has been an incredible success to date. The children have done; Music Fitness Circuit, Dual-athlon, Surfing, SUP (stanc up paddle boarding) Martial Arts, Circus, Rhythm Gymnastics, Surf Lifesaving, Parkour, Olympic Wrestling and Skateboarding just to name some over the last 4 years.

There will be three sessions per week, for seven weeks that run this term, starting on Tuesday 28 October.

Please tick which session / sessions students would like to participate in.

Any student who hasn’t provided a signed consent form from their parents will not be able to attend sessions. (Forms are available from reception and need to be in by Monday 27 October)

A light healthy snack is provided; the children get their names checked off and a chance to eat the snack prior to starting. If your child needs more than the snack provided please feel free to add something extra for that day in your child’s lunch box.

Parents are always welcome to watch their children.

**AFTERNOONS**

| Tuesday | years 3 - 7 - participating in multi-games (learning team unity, leadership skills and having lots of fun) |
| Details | Instructor Mark Carlton, all equipment (incl safety) will be provided - 4.05pm pick up from school undercover area. |

| Wednesday | years 3 - 7 - ‘Music Martial Arts circuit’ |
| Details | Instructor Mark Carlton all equipment (incl safety) will be provided - 4.05pm pick up from school oval. |

**MORNING**

| Friday | years 1 - 7 - learning to surf at Surfing WA, Trigg beach. |
| Details | WA Surfing Australia supply all equipment including wet suits and qualified trainers. Friday morning, students are to be outside Surfing WA, Trigg beach at 6.45am, session will start at 7.00am sharp and finish 8am. Parents are welcome to watch their children, or join in on a casual or regular basis for the duration of the program. |

Duty of care will be parent’s responsibility before 7am and after 8am. Parents are required to commute their own child / children to school (bus and breakfast will not be provided this year).

For this program to run we need a minimum of 16 and a maximum of 24 students.

* We have chosen mornings because it’s a much better option as surf conditions are generally ideal, also slip/slop/slap isn’t an issue.

There is a prerequisite for the ‘Learn to Surf Program’, it is as follows;

*Students need to be between years 1 – 7
*Students need to be confident and proficient in the surf on a boggy board and or a surf board.
*Tread water for 1minute and swim 20m (equivalent to grade 5 certificate in Vacswim)

Students who fit the above criteria need to hand in an expression of interest to reception (student name and contact number) by Friday 24 October.

Any student who has not participated in the program before will be given priority, followed by year 7 downwards until we have 24 students. Please be understanding that this is a popular program and we are trying to make it as fair as possible, so every student gets an opportunity to participate. Parents will then be contacted over the weekend by phone if their child is in the program.

Please feel free to call me (Mark 0411 366 875) or catch me at school for any questions that you would like answered.