



**UPCOMING EVENTS**

**Mon 7 May -** Running Club begins  
School Oval: 8.30am - 8.50am

**Tues 8 May -** Bookfair in the Library: 8.30am - 8.50am  
3.00pm - 3.30pm  
P&C Meeting: 6.30pm  
Mother's Day Afternoon Tea: Kindy G1 2.00pm

**Wed 9 May -** Mothers Day Breakfast: (PP, Rm 7 & 4)  
7.30am - 8.30am  
Bookfair in the Library: 8.30am - 8.50am  
3.00pm - 3.30pm

**Thurs 10 May -** Mother's Day Afternoon Tea: Kindy G2 2.00pm

**Fri 11 May -** **Canteen Open / Assembly Room 9**  
Interschool Sport  
**Newborough** vs Scarborough (A)  
Farmyard on Wheels: Kindy G2 10.30am

**Mon 14 May -** Running Club  
School Oval: 8.30am - 8.50am

**Tues 15 May -** Farmyard on Wheels: Kindy - Year 2, 10.30am

**Wed 16 May -** Board Meeting: 6.00pm

**Fri 18 May -** Running Club  
Deanmore Square 8.15am - 8.40am  
Interschool Sport  
**Scarborough** vs Yuluma (H)

Welcome back to Term 2. The weather has certainly snapped to cooler mornings. Please make sure that all jumpers are labelled with names so that lost items can be returned. The uniform shop has a range of sizes available, including second hand items. Our uniform pricelist and Trish Springer's contact details are on the P&C section of the website.

We have welcomed two new staff to our school at the beginning of this term. Welcome to Mrs Leanne Daniels into the library who has won our Library Officer merit selection process. Leanne will be in the library on Wednesday and Thursday each week. We also welcome Mrs Andree Austin into our Year 1/2 classroom, replacing Miss Andrew who is expecting her first child in a few weeks. I am sure you will join me in welcoming our new staff and making them feel part of our Scarborough PS community. Mrs Austin will be holding an information session for Room 6 parents on Tuesday 8 May at 3.30pm in her classroom.



**Mrs Leanne Daniels**

Our next P&C meeting is this coming Tuesday. There will be tea and coffee available from 6.15pm with the meeting starting at 6.30pm. Our P&C do a fantastic job running the uniform shop and canteen; these services would not be possible without the strong support of our P&C volunteers. Meetings last for 1 hour; we look forward to seeing you next Tuesday. The P&C agenda is available on the school website under the P&C heading.



**Mrs Andree Austin**

The School Board meets again on Wednesday 16 May at 6.00pm. All School Board meetings are open to the school community so come along and find out what the board is discussing. There will be an opportunity for questions at the end of the meeting. If you would like anything specific discussed, please make contact with our school board chair, Andrea Marchesi, on 0409 068 010.

Over the school holidays we had some graffiti issues. If you ever see suspicious people on site I urge you to call the school security team on 92644632 or the WA Police on 131444. Keeping the school a safe and welcoming place is a big part of what we do to make the classrooms and grounds engaging. Please do not approach groups of youths on the grounds if you feel unsafe.

Thank you to those families who have paid their 2018 voluntary contributions. This money is placed directly into budgets for student and classroom resources. So far in 2018 we have purchased library books, maths resources, art materials and sporting equipment. If you have not paid your contributions yet, I urge you to pay them. Every dollar assists the education of your children.

**Mr Jason Crofts - Principal**



### **It's time to dig out those running shoes and join us for running club...**

Bring along the whole family to be part of our morning fitness for Term 2.

**Mondays 8.30 – 8.50:** School oval STARTING WEEK 2: 7 May

**Fridays 8.15 – 8.40:** Deanmore Square STARTING WEEK 3: 18 May

Please note, that on Fridays, we strongly encourage parents to stay and be part of the action. Students need to come directly to Deanmore Square rather than heading to school first. All students who attend this session need to sign in at the sign-in post. Students in Year 1 and below must be supervised by an adult. All students will be walked back to school for our usual start time of 8.50am.

### **How else can our community continue to encourage an active lifestyle for our children?**

- Parkrun is a series of 5km runs held on Saturday mornings. They are open to all, free, and are safe and easy to take part in. The closest Parkrun to Scarborough takes place at Carine Open Space. Visit [parkrun.com.au](http://parkrun.com.au) for further information.
- Watch this space for further information about our P&C initiated school team entry to City to Surf. We would love to see as many of our families involved as possible. Mark 26 August 2018 into your diary!

### **Do you have a bit of spare time? Do you have a sewing machine?**

This year, despite the Japanese School of Perth no longer attending our Athletics Carnival, we would really like to continue to include a range of Japanese games within our program. For this we need approximately 300(!) beanbags to be made.

If you are willing to be involved with this, please contact Erica Salt as soon as possible. Hopefully we can get a team together to get the job done quickly – many hands make light work!

Thank you for your ongoing support.

**Mrs Erica Salt - Deputy Principal**



## Building Successful Learners

There is ever-increasing evidence that links physical activity and a healthy diet with academic achievement (including behaviour, cognitive skills and attitudes to learning).

At school we nurture a culture of health and wellbeing, encouraging students to be involved in physical activity and teaching them about healthy eating habits.

Families also play a crucial role in helping us build successful learners. This poster provides some helpful information about quick swaps that we can all do to improve the healthiness of our children's lunchboxes.

There are lots of ideas, recipes and informative articles on the Healthy Kids website:

<https://www.healthykids.nsw.gov.au/kids-teens.aspx>



# HEALTHY lunchbox snacks

Swap snacks that are high in fat, sugar, salt and low in fibre for quick and easy healthy snacks!

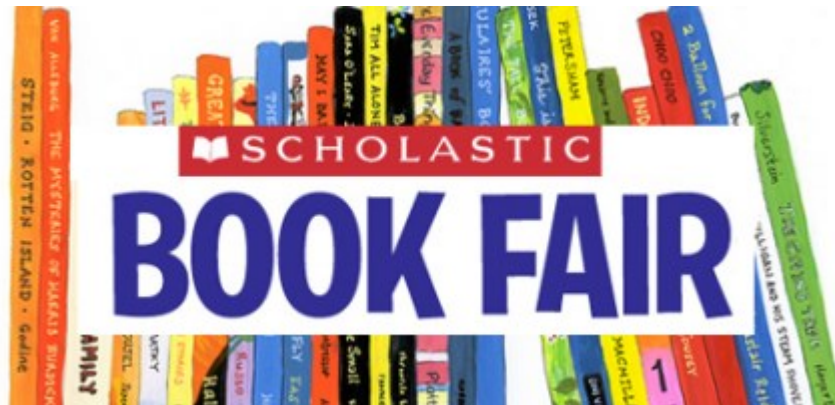
HEALTHY SNACK IDEAS: ✓	✗ SNACKS BEST LEFT OUT OF THE LUNCHBOX:
<ul style="list-style-type: none"> <li>✓ Pikelets</li> <li>✓ Fruit bread</li> <li>✓ Plain rice cakes</li> <li>✓ Air-popped popcorn</li> <li>✓ Wholegrain crackers</li> <li>✓ Reduced fat yoghurt</li> <li>✓ Reduced fat cheese</li> <li>✓ Vegetable sticks eg celery, carrot, capsicum</li> <li>✓ Cherry tomatoes</li> <li>✓ Corn cob</li> <li>✓ Cucumber</li> <li>✓ Fruit (whole or sliced) eg grapes, orange segments, kiwi fruit, mango slices, pear, apple, banana</li> </ul>	<ul style="list-style-type: none"> <li>✗ Muffins and cakes</li> <li>✗ Sweet biscuits</li> <li>✗ Savoury biscuits</li> <li>✗ Muesli bars</li> <li>✗ Sweet rice bars</li> <li>✗ Fruit straps</li> <li>✗ Chocolate</li> <li>✗ Lollies</li> <li>✗ Potato chips</li> <li>✗ Corn chips</li> <li>✗ Processed cheese &amp; biscuits</li> <li>✗ Soft drink</li> <li>✗ Flavoured milk</li> <li>✗ Fruit drinks</li> </ul>







This resource was developed and designed by the Health Promotion Service, Western Sydney Local Health District, with contribution by South Eastern Sydney Local Health District, and Waverun Shoalhaven Local Health District.



The Scholastic Book Fair will be in our school library on Tuesday May 8 and Wednesday May 9 from 8.30am - 8.50am and 3.00pm - 3.30pm.

Our Book Fair theme for 2018 is **Paws for Books: Come. Stay. Read a Great Tale!** Readers will find purr-fect books and have a dog-gone good time at this season's Book Fair!

*Mrs Leanne Daniels - Library Officer*

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## P&C News

### Mother's Day Stall

Treat your mum to a special gift this year from our Mother's Day Stall. There are a whole range of lovely gifts, from just \$1.00. We will be in the undercover area from 8:15am on Monday 7 May and every morning after until sold out.



### Lapathon

Thanks to everyone for getting your sponsorship money in, there's been an amazing response so far. It's not too late, drop it into the P&C box in the front office or direct deposit into the **Scarborough P&C account - BSB: 066-122 Acc: 10003768.**

### Coles Sports Vouchers

We are still collecting Coles sports voucher. Hurry and get yours in soon before it's too late.

### Entertainment Books

Coming soon. Digital memberships and books will be available. A yellow note will be coming home next week with additional details...Watch this space.

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